



HOLY ASCENSION

ORTHODOX CHURCH

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A parish of the Antiochian Orthodox Christian Archdiocese of North America

His Eminence Metropolitan JOSEPH, Archbishop of New York and Metropolitan of All North America
His Grace Bishop BASIL, Auxiliary Bishop of the Diocese of Wichita and Mid-America

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Sunday, August 1, 2021
Tone 5 / Eothinon 6

Saints of the Day: Procession of the Precious and Life-Giving Cross; the seven Maccabean youths, their mother Solomonia and Eleazar their teacher.

WELCOME TO OUR VISITORS – We are very happy to have you worshipping with us today. After the service, please join us for coffee hour in the Parish Hall so we can get to know you.

RECEIVING HOLY COMMUNION – We believe that the reception of Holy Communion is the highest expression of our unity in the ancient Orthodox Christian faith. While we work and pray for true unity among all Christians, it is not a reality at this time. For this reason, Communion may only be received by members of the Orthodox Church who have prepared themselves by prayer, fasting, and recent confession. Everyone, however, is welcome and encouraged to venerate the Cross and receive blessed bread following the dismissal.

PARENTS & CHILDREN – We enjoy having children with us in worship as much as possible. A little commotion is to be expected, but sometimes a child may need to be taken out of church so they don't become a distraction. In these situations, parents are welcome to use the alcove to the right of the sanctuary entrance, where there is a window that allows you to see the service. There is also an unstaffed nursery downstairs, which you are welcome to use as needed.

VARIABLES IN TODAY'S DIVINE LITURGY

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

The service begins on page 37 in the red pew book ("Orthros and Divine Liturgy"); the letter symbols below are coordinated with the book, to help you follow along.

A The 1st Antiphon

As usual...

B The 2nd Antiphon

As usual...

C The 3rd Antiphon

Come, let us rejoice in the Lord; let us shout with jubilation unto God our Savior. Let us come before his countenance with thanksgiving, and with psalms let us shout in jubilation unto him; for the Lord is a great God and a great King over all the earth. For in his hand are the ends of the earth, and the heights of the mountains are his. For the sea is his and he made it; and the dry land his hands have fashioned.

Troparion of the Resurrection – Tone 5

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, he took pleasure in ascending the cross in the flesh to suffer death; and to raise the dead by his glorious resurrection.

D The Entrance Hymn

As usual...

E

Troparion of the Resurrection – Tone 5

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Troparion for the Holy Cross – Tone 1

O Lord, save thy people and bless thine inheritance, granting to thy people victory over all their enemies, and by the power of thy cross preserving thy commonwealth.

Troparion of the Ascension – Tone 4

Thou ascended in glory, Christ our God, making the disciples rejoice with the promise of the Holy Spirit; assuring them through thy blessing that thou art the Son of God, the Redeemer of the world.

Kontakion of the Transfiguration – Tone 7

Thou wast transfigured on the mount, and thy disciples, in so far as they were able, beheld thy glory, O Christ our God; so that, when they should see thee crucified, they would remember that all thy suffering was voluntary and could declare to all the world that thou art truly the effulgent Splendor of the Father.

F The Thrice-holy Hymn

As usual...

G

THE EPISTLE

**You, O Lord, shall keep us and preserve us.
Save me, O Lord, for the godly man has failed.**

The reading is from St Paul's Letter to the Romans. (12:6-14)

Brethren, having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness. Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality. Bless those who persecute you; bless and do not curse them.

Alleluia Verses:

- v.* I will sing of your mercies, O Lord, forever.
- v.* For you have said, "Mercy shall be built up forever."

THE GOSPEL

The Reading from the Holy Gospel according to St. Matthew. (9:1-8)

At that time Jesus got into a boat, crossed over and came to his own city. And behold, they brought to him a paralytic, lying on his bed; and when Jesus saw their faith he said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven,' or to say, 'Rise and walk'? But that you may know that the Son of man has authority on earth to forgive sins" -- he then said to the paralytic -- "Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they marveled, and they glorified God, who had given such authority to men.

H The Megalynarion

As usual...

I The Communion Hymn

As usual...

J We have seen the true light...

FASTING GUIDELINES: Today we begin the Dormition Fast, which continues through August 14. It is traditional to abstain from meat, dairy, fish, and alcohol, with these exceptions: on Saturdays and Sundays, moderate alcohol is allowed; and, in honor of the Transfiguration of the Lord, fish and alcohol are allowed on Friday, August 6.

THIS WEEK AT HOLY ASCENSION

Monday, August 2	6pm Paraklesis to the Theotokos 7:15pm Ladies Bible Study
Tuesday, August 3	6pm Paraklesis to the Theotokos
Wednesday, August 4	6pm Paraklesis to the Theotokos
Thursday, August 5	5:45pm Festal Orthros 7pm Divine Liturgy for the Transfiguration of the Lord
Saturday, August 7	3:30pm Choir Practice 5pm Great Vespers
Sunday, August 8	8:45am Orthros 10am Divine Liturgy